

A HAPPY MOUTH IS... a basic human right

PROMOTE ACCESS TO
ORAL CARE FOR REFUGEES



World Oral
Health Day
20 March

worldoralhealthday.org
#WOHD26 #HappyMouth

fdi
FDI World Dental Federation

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Oral health is crucial to the well-being of refugees, who are already vulnerable. They often face limited access to oral health education, disease prevention, and therapeutic dental care. Additionally, language barriers can hinder their health literacy.

A unified approach is essential to create an enabling environment for action that leaves no one behind.



WHAT CAN BE DONE?

Depending on the local context and needs, a range of actions proposed below could contribute to improving access to oral healthcare for refugees.



Educate families and individuals about how oral health is an important part of general health by providing multi-lingual oral health education videos or printed materials.



Coordinate regular dental visits by allocating the necessary resources such as transportation, babysitting, translation, and service providers who are culturally competent.



Train personnel, from refugee camps where relevant, to implement person-to-person communication techniques, such as motivational interviewing.



Provide fluoridated toothpastes and other professional fluoride therapies as part of oral disease prevention activities.



Increase awareness about the importance of self-care and healthy dietary habits and try to make healthy food choices and self-care hygiene products available.

For more information and support:

fdiworlddental.org/refugee-oral-health-promotion-and-care-project

