

TEACHING CHILDREN TO THINK MOUTH THINK HEALTH

On World Oral Health Day, FDI World Dental Federation carried out a global survey about children's oral health.

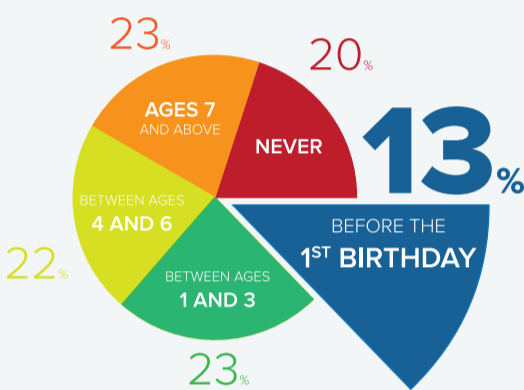


PARENTS OF CHILDREN AGED 18 AND UNDER FROM 10 COUNTRIES



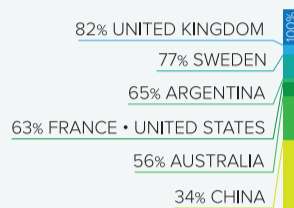
FIRST DENTAL VISIT

Only 13% of parents took their child to the dentist before their first birthday



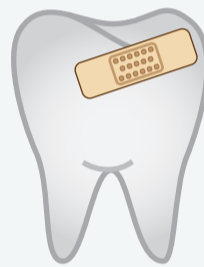
The recommended age for a first dental visit is before the 1st birthday

REGULAR DENTAL CHECK-UP



50% of parents who had taken their child to the dentist said it was for a regular dental check-up

PAIN OR DISCOMFORT



29% of parents went to the dentist due to pain or discomfort in their child's mouth, especially in:



BRUSH BEFORE BED

43%

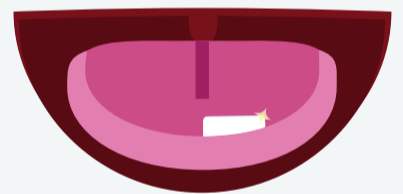
of parents said that they personally ensured their child's teeth were brushed before bed time to avoid oral diseases



LIMIT SUGAR INTAKE

38%

of parents said they limited sugary foods and drinks in their child's diet to avoid oral diseases



CLEAN SINCE FIRST TOOTH

ONLY 26%

reported to have personally cleaned their child's teeth from as soon as the first tooth pushed out

TIPS FOR CHILDREN'S GOOD ORAL HEALTH

HAVE
REGULAR DENTAL CHECK-UPS
no later than the first birthday



PRACTICE
GOOD ORAL CARE
especially before going to bed



EAT A
HEALTHY DIET
low in sugar and salt



www.worldoralhealthday.org